### SAMPLE QUESTION PAPER Class- XII Sub-PSYCHOLOGY

### Time : 3 Hrs. 15 Minutes General Instructions : সাধারণ নির্দেশাবলী ঃ

Maximum Marks: 70

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(১) প্রতিটি প্রশ্নই আবশ্যিক।

(২) সার্বিক ভাবে কোনও বিকল্প প্রশ্ন থাকবে না। তবে ৩ নম্বর মানের জন্য যে কোন অধ্যায়ের ৩টি প্রশ্নের এবং ৫ নম্বর মানের ক্ষেত্রে সবকটি প্রশ্নের একটি করে বিকল্প প্রশ্ন থাকবে।

(৩) 'খ' বিভাগ, 'গ' বিভাগ এবং 'ঘ' বিভাগের প্রতিটি প্রশ্নের উত্তরের জন্য যথাক্রমে ৩০টি শব্দ, ৬০টি শব্দ এবং ১৫০টি শব্দ পর্যন্ত সীমাবদ্ধ। তবে পরিসংখ্যানের ক্ষেত্রে শব্দ-সীমা প্রযোজ্য নয়।

#### ক-বিভাগ

51	'বুদ্ধি হল বিমূর্ত চিন্তা করবার শক্তি'— বন্তা কে ?	2
২।	'Borderline' এর বুদ্ধ্যাঙ্কের প্রসার হল—(i) ৮০-৮৯ (ii) ৭০-৭৯ (iii) ৬০-৬৯	2
। C	কে গোষ্ঠীকে 'যুগল' এবং 'ত্রয়ী' গোষ্ঠীতে বিভাজন করেন ?	2
8	কে প্রথম 'জ্ঞানমূলক- অসংগতি'র কথা বলেছেন ?	2
(č	MMPI-এর পুরো নাম লিখ।	2
৬।	'সংগতি বিধান' একটি ধারাবাহিক প্রক্রিয়া'- সত্য না মিথ্যা	2
۹	GAS model-এর শেষ স্তর কোনটি ?	2
৮।	'DSM-IV'-এ মোট কয়টি অক্ষ আছে?	2
ଚ	'Adolescence'শব্দটি গ্রীক শব্দ— থেকে নেওয়া হয়েছে।	2
201	পরিবেশের মৌলিক প্রকারভেদগুলি কি কি ?	2
221	কোন 'কার্টিক বন্টন'টি স্বাভাবিক বন্টন রেখার অন্তর্গত।	2
	খ-বিভাগ	
১২।	মানসিক বয়স বলতে কি বোঝ ?	২
১৩।	'প্রথানুসারী আচরণ' কি ?	২
281	মনোভাব গঠনে Cultural Norm-এর গুরুত্ব কি ?	২
2७।	'অবাধ অনুযঙ্গা' সম্পর্কে লিখ।	২
১৬।	'প্রক্ষেপন' কি ?	২
291	'আকর্ষণ-বিকর্ষণ' দ্বন্দের সংজ্ঞা লিখ।	২
२९ ।	'অবাস্তব চিন্তন'(delusion) এবং 'অবাস্তব প্রত্যক্ষণ'(hallucination) এর মধ্যে পার্থক্য নির্ণয় কর।	২
291	Gender Stability বলতে কি বোঝ ?	২
২০।	'পরিবেশ শিক্ষা'র দুটি উদ্দেশ্য লিখ।	2
২১।	'সহগতি'র প্রকারভেদ সম্পর্কে লিখ।	২

### গ-বিভাগ

২২। অনগ্রসর-শিশুদের সমস্যা সমাধানের যে কোন তিনটি উপায় লিখ।
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	অথবা	
	থর্নডাইকের মতে বুদ্ধির বিভিন্ন প্রকারভেদ সম্পর্কে লিখ।	
২৩।	'সামাজিক-শিক্ষা' কি ভাবে 'prejudice'-এর উৎস হিসাবে কাজ করে ?	٢
<b>২</b> 8।	ব্যক্তিত্ব নিরূপণের ক্ষেত্রে সাক্ষাৎকার পদ্ধতিটি সম্বন্ধে আলোচনা কর ?	٢
261	C.J. Jung প্রদত্ত ব্যক্তিত্বের টাইপ বর্ণনা কর।	٢
২৬।	শিক্ষার্থীদের ক্ষেত্রে counselling-এর উপযোগিতা কি ?	
	অথবা	٢
	সুষ্ঠু সংগতি সাধনের যেকোন তিনটি লক্ষণ লিখ।	
২৭।	Stress management-এর ক্ষেত্রে Meditation-এর গুরুত্ব আলোচনা কর।	৩
২৮।	Erikson-এর মতে মন:সামাজিক বিকাশের স্তর কয়টি ? মন:সামাজিক বিকাশের তৃতীয় স্তরটি আলোচনা কর।	<b>১ +</b> ২
	অথবা	
	স্বরূপত্ব বিকাশের প্রভাব বিস্তারকারী উপাদান হিসাবে 'পরিবার' এর ভূমিকা আলোচনা কর।	
২৯।	পরিবেশের সঙ্গে মানুষের সম্পর্ক ব্যাখ্যা কর।	৩
	ঘ-বিভাগ	
୦୦	'প্রাথমিক গোষ্ঠী' ও 'মাধ্যমিক গোষ্ঠী'র মধ্যে পার্থক্য নিরূপণ কর।	¢
	অথবা	
	'নেতৃত্বে'র যে কোন পাঁচটি প্রকারভেদ সম্পর্কে আলোচনা কর।	¢
৩১।	'অসামাজিক ব্যত্যয়'-এর যে কোন পাঁচটি কারণ লিখ।	¢
	অথবা	
	সিজোফ্রেনিয়া-র প্রকারভেদগুলি আলোচনা কর।	¢
৩২।	'স্বাভাবিক বন্টন রেখা' কি ? স্বাভাবিক বন্টন রেখার বৈশিষ্ট্যগুলি কি কি ?	২ + ৩
	অথবা	
	নিম্নলিখিত পরিসংখ্যা বিভাজনের সাহায্যে একটি আয়তলেখ (histogram) অঞ্চন কর-	¢

Class interval	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54
f	3	4	2	8	14	9	6	4

### MANUAL

## INSTRUCTIONS

The Adjustment Inventory has four parts. Each part has 35 statements. In the Right side of each statement 'Yes', and 'No' have been given. If you agree with the statement or to the facts mentioned in the statement  $\sqrt{}$  'Yes'. If your answer is negative, i.e., your are not agreeing to the facts mentioned in the statement x 'No'. There is no time limit, but should answer all the items quickly.

### SCORING

Scoring of the inventory is most easy. You have to count the number of responses where the individual has 'Yes' only. For each 'Yes' responses 1 Score is to be given. The total number of 'Yes' scores thus make total score of the individual in the part.

Yes	1
No	0

You are not concerned to the 'No' response.

The inventory is totally negative inventory. When an individual answers in 'Yes', it indicates his difficulties. If he answers in 'No', it indicates that the individual has no such difficulty. His answer is neither affirmative nor negative towards difficulties. Therefore, only 'Yes' responses are scored to measure Adjustment difficulty.

# **STANDARDIZATION**

The inventory has been normalised in terms of Mean and Standard Deviation and secondly, in terms of grade norms.

SI.	Areas	Sex	High S	School	Interm	ediate	Grad	luate	Postgr	aduate
No.			М	S.D.	М	S.D.	М	S.D.	М	S.D.
1.	Home	Boys	9.74	3.20	10.17	3.92	9.00	3.96	10.02	3.90
	Girls	10.86	4.76	9.96	4.50	10.34	3.92	10.39	3.59	
2.	Health	Boys	8.00	4.13	7.98	4.01	8.60	3.06	5.00	3.45
	Girls	7.35	4.00	8.64	4.90	7.93	3.69	7.56	3.98	
3.	Social	Boys	9.92	3.73	10.34	4.00	9.97	4.01	8.79	4.01
3. 300iai	Girls	8.76	3.85	7.98	4.05	8.93	4.12	7.04	3.98	
4. Emotional	Boys	9.01	4.34	8.97	5.00	7.98	4.12	6.98	3.49	
.		Girls	7.98	4.62	10.78	4.43	10.00	4.74	10.34	4.26

# Mean and S.D. for Boys and Girls

# GENERAL NORMS Classification of Adjustment in Temrs of Categories HIGH SCHOOL STUDENTS

INTERPRETATION	RANGE OF SCORES					
	Home	Health	Social	Emotional		
Excellent	4 & below	2 & below	6 & below	1 & below		
Good	5 - 7	3 - 4	7 - 9	2 - 4		
Average	8 - 14	5 - 9	10 - 16	5 - 11		
Unsatisfactory	15 - 17	10 - 11	17 - 19	12 - 14		
Very Unsatisfactory	18 & above	12 & above	20 & above	15 & above		

# INTERMEDIATE STUDENTS

INTERPRETATION	RANGE OF SCORES				
	Home	Health	Social	Emotional	
Excellent	5 & below	2 & below	5 & below	1 & below	
Good	6 - 7	3 - 4	6 - 8	2 - 4	
Average	8 - 12	5 - 9	9 - 15	5 - 13	
Unsatisfactory	13 - 14	10 - 11	16 - 18	14 - 17	
Very Unsatisfactory	15 & above	12 & above	19 & above	18 & above	

## **DEGREE STUDENTS**

INTERPRETATION	RANGE OF SCORES					
	Home	Health	Social	Emotional		
Excellent	3 & below	below 1	6 & below	2 & below		
Good	4 - 6	1 - 3	7 - 9	3 - 5		
Average	7 - 13	4 - 10	10 - 16	6 - 12		
Unsatisfactory	14 - 16	11 - 13	17 - 19	13 - 15		
Very Unsatisfactory	17 & above	14 & above	20 & above	16 & above		

# **POST-GRADUATE STUDENTS**

INTERPRETATION	RANGE OF SCORES				
	Home Health		Social	Emotional	
Excellent	4 & below	below 1	6 & below	below 1	
Good	5 - 7	1 - 3	7 - 9	1 - 3	
Average	8 - 14	4 - 10	10 - 16	4 - 12	
Unsatisfactory	15 - 17	11 - 13	17 - 19	13 - 16	
Very Unsatisfactory	18 & above	14 & above	20 & above	17 & above	

Please fill in the following informations :- Name	Date
Age	
Class	
Father's occupation	Education
Monthly Income	

# INSTRUCTIONS

This inventory consists of four parts. 35 statements are given in each part. Two alternatives 'Yes' and 'No' are given against each statement. If you wish to answer the statement in 'Yes' i.e. you agree with the facts given in the statement then put a cross  $\boxed{}$  in the box given below 'Yes'. If your answer is negative i.e. you do not agree with the facts given in the statement then put a cross  $\boxed{}$  in the box given below 'Yes'. If your answer is negative i.e. you do not agree with the facts given in the statement then put a cross  $\boxed{}$  in the box given below 'No. Though there is no time limit, still try to answer all the statements quickly.

### **SCORING TABLE**

Area $\rightarrow$	I	II	III	IV
Scores				
Interpretation				

SI.	No.	STATEMENTS	Yes	No.
		PART-I	•	
1.	Have	you ever had a firm idea of absconding the home?		
2.		ou ever feel that your parents are not satisfied with you?		
3.	-	ou sad with the works done by your father to run your family?		
4.		our mother have supremacy in your family?		
5.	-	nyone among your mother-father ever condemn you in vain?		
6.	Do y	ou think that there is no true affection in the family?		
7.	Do yo	ou always have good relations with your father?		
8.		our parents stress upon obeying them instead of paying attention to matters.		
9.	Being died?	g your family life sorrowful, has anyone in your family become ill or		
10.	Does	your home appear to you sorrowful because of shortage of money?		
11.	Have	your parents ever suspected your character?		
12.	Do yo with?	our parents forbld you to remain with such type of friends you remain		
13.	Do ye	our mother or father irritates soon?		
14.		ou mostly remain disagreeable with your parents regarding the ess of work at home?		
15.	Do fa	rmily quarrels usually occur between your relations?		
16.	Do yo	ou mostly keep on quarrelling with your brothers and sisters?		
17.	-	our parents understand you to be a child and do not think that you have n up now?		
18.	Do ye	ou feel that your parents are unnecessarily strict with you?		
19.	Does	any of your parents have any peculiar habit which you hate?		
20.	Do ye	ou love your mother more than your father?		
21.	Have famil	you to leave your house or keep quiet for maintaining peace in the y?		
22.	Have	your parents created great fear in your mind for any specific work?		

SI.	No.	STATEMENTS	Yes	No.
23.	•	ou sometime feel angry and sometime happy upon your family bers according to the time?		
24.	Does	your mother love you very much?		
25.	Does	s your mother love you very much?		
26.	Do al	I the essential things exist in your house?		
27.	Do th	e ideals of life of your father match with your ideals?		
28.	Have	your parents ever provoked you for your personal figure and colour?		
29.	Do th	e ideas of your mother-father not match with each other?		
30.	Did y	our parents often beat you between the age of 1- and 15 years?		
31.		ou not in agreement with the ideas of your parents regarding your of life?		
32.	ls an	y of your mohter-father of irritant habit?		
33.	Do ye	our mother or father keep you in strict control?		
34.	Do yo	ou ever think that your parents are unable to understand you?		
35.	Do yo yours	ou feel that the family lives of your friends are more pleasant than ?		

SI.	No.	STATEMENTS	Yes	No.
		PART-II	•	
1.	Do ye	ou get afraid soon with others?		
2.	-	our eyes feel difficulty in facing very bright light?		
3.	-	rou a patient of asthama or malaria etc.?		
4.	Have	you ever had Diphtheria or high fever in childhood?		
5.	Do yo	ou always remain afflicted by headache?		
6.	Do y	ou feel difficulty in sleeping when there is any kind of noise in house?		
7.	Do y	ou usually feel more tired at the end of the day?		
8.	Have	you reduced some of your body weight these days?		
9.	Have	you ever had serious injury in any accident?		
10.	Have	you ever had any surgical operation?		
11.	Do ye	ou feel much cold?		
12.	Do yo	ou usually get afflicted with influenza?		
13.	Did y	ou ever become seriously ill during last ten years?		
14.	Are y	ou suffering from the problems of gas?		
15.	Do yo	ou feel giddiness?		
16.	Do yo	our eyes pain usually?		
17.	Do yo	ou feel tiredness when you wake-up in the morning?		
18.	Do yo	ou often take medicines?		
19.	Do y	ou usually feel like tired?		
20.	Do yo	ou usually get indigestion problem?		
21.	Do yo	ou usually get sour throat?		
22.	Do yo	ou usually have disease of vomiting or diarrhorea?		
23.	Do yo	ou have much problem of constipation?		
24.	Have	you been too much ill during your childihood?		
25.	Do ye	ou feel difficulty in breathing with nose?		

SI.	No.	STATEMENTS	Yes	No.
26.	Do yo	ou ever have sharp headache?		
27.	ls yo	ur body weight less than an average?		
28.	Do y	ou usually take your food before feeling hungry?		
29.	Do ye	ou use spectacles?		
30.	Do y	ou think necessary to take care of your health?		
31.	Are y	our usually absent because of illness?		
32.	Are y	ou teeth such that you feel necessity for medication?		
33.	Do y	ou have any trouble in heart, lungs or kidney?		
34.	Have	you ever had skin disease?		
35.	Do y	ou have trouble in getting rid of cold?		
		PART - III		
1.	Do ye	ou enjoy social gatherings just to meet the persons?		
2.	Do y	ou like to meet the chief guest while attending any reception function?		
3.	Do yo funct	ou take responsibility of introducing persons while attending such ions?		
4.		ou feel difficulty in giving proper answer while taking part in group ersation?		
5.	Have	you been leader of any party?		
6.	Do ye	ou hesitate in going into any meeting when all the persons have seated?		
7.	Can	you deliver speech in the presence of all in the class?		
8.	Do yo bus?	ou keep on talking with your fellow travellers while travelling by rail or		
9.	Do y	ou feel easy in asking help from others?		
10.	Do y	ou get harassed with your shyness?		
11.	Do y	ou enjoy in starting conversation in public?		
12.	Do y	ou have experience of planning and directing the works of public?		
13.	Do y	ou feel difficulty in talking with any new unknown person?		
14.	•	ou find yourself unable in answering in the class even remembering nswer?		

SI.	No.	STATEMENTS	Yes	No.
15.	Do y	ou feel easy in having friendship with opposite sex person?		
16.		ld you like to do work for others instead of asking others to do work ou if you are given a dinner?		
17.	Do y	ou have experience in delivering speech in meetings?		
18.	Do y	ou have difficulty in delivering speech in presence of persons?		
19.	Do y	ou enjoy social dances more?		
20.	unkn	ou prefer to go personally and take something you want from an own person instead of writing a letter or asking any other person ng it?		
21.		ou feel self-respect in living with the persons you admire most and nown fully?		
22.	Have	e you ever been a leader of any social programme?		
23.	Do y perso	ou move sideways on road to side the eye-sight of any specific on?		
24.		ou prefer to stand or come back on reaching late in any meeting ad of sitting infront?		
25.	Do y	ou make friends with readiness?		
26.	Are y	ou leader in any party?		
27.		ou prefer to have heartily friendship with some specific persons ad of having acquaintance with more persons?		
28.	-	ou feel disheartend in seeking permission for leaving any specific of persons if you wish to leave it?		
29.	Do y	ou lag behind in social functions?		
30.	Do y	ou get perplexed all together, if any teacher calls you all of a sudden?		
31.	Do y	ou feel difficult to talk with a stranger?		
32.	Are y	ou delighted in taking part in fairs and gatherings?		
33.	Do y	ou understand self-respect in speaking on any thing in the class?		
34.	Do y	ou hesitate in speaking in the class?		
35.	-	ou hesitate in entering the room if some persons are talking with other there?		

SI.	No.	STATEMENTS	Yes	No.
		PART - IV		
1.	Do yo	ou day-dream?		
2.	-	testing by doctor for any disease frightens you?		
3.	Do yo	ou sometimes get sad for unknown reasons?		
4.		you ever felt that someone may hypnotise you and make you work ist your will?		
5.	Do yo	ou feel lonely while staying in a crowd?		
6.	Do ye	ou feel tired at the end of the day?		
7.	Do yo	ou get frightened with the idea of earthquake or fire?		
8.	Do te	ears in you eyes come soon?		
9.	Do yo	ou get frightened on seeing a snake?		
10.	Have	your been convicted even if you are not guilty?		
11.	Does	lightning frighten you?		
12.	-	ou get discouraged repeatedly on securing less marks in inations?		
13.	Do yo	ou feel jealous of others being happy?		
14.	Do yo	ou loose courage very easily?		
15.	Do yo	ou usually feel sad upon your acts?		
16.	Have	you ever got frightened of falling down after climbing a high mountain?		
17.	Do yo	ou get angry very soon?		
18.	Do yo	ou usualy remain sad?		
19.	Do yo	ou get perplexed with the feeling of inferiority?		
20.	Do yo	ou understand yourself strong?		
21.	Do yo	ou easily get shy?		
22.	Do yo	ou feel troubled with any hearsay?		
23.	Does	s your feeling get hurt with any hearsay?		
24.	Do yo	ou become troubled with probable difficulties?		
25.	Do yo	ou ever get worried for the persons may not read your ideas?		

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SI.	No.	STATEMENTS	Yes	No.
26.	Do yo	ou ever have an idea that persons are sepoying you on the road?		
27.	Do yo	ou get much troubled on hearing complaints?		
28.	Do yo	ou usually get irritated?		
29.		ou sometimes have useless ideas in your brain and feel distressed hem?		
30.	Do yo	ou get agitated soon?		
31.	Do yo	ou get too much distressed with your experiences of poverty?		
32.		ou get too much frightened with a person even knowing that he cannot you?		
33.	Do yo	ou get happy and sad on and of without any specific reason?		
34.	Do yo	ou ever have an idea of your being unable to sleep?		
35.	Do yo	ou fear in living alone in dark?		

# SAMPLE QUESTION PAPER

### PSYCHOLOGY

CLASS-XII

#### **General Instructions**

- 1. All the questions are compulsory.
- 2. There is no internal choice except 3 questions of 3 marks and all the questions of 5 marks weightage.
- 3. The word limit for Group-B is 30 words, Group-C 60 words and Group-D 150 words. Word limit is not applicable in case of statistics.

#### Group-A

<ol> <li>"Intelligence is the ability of abstract thinking"- Who said this?</li> </ol>	1
2. The IQ of the "Borderline" ranges from- i) 80-89 ii) 70-79 iii) 60-69	1
3. Who classified the group into "dyad" and "triad" group?	1
4. Who first stated the concept of "cognitive dissonance"?	1
5. Write the full form of MMPI.	1
6. "Adjustment is a continuous process"- True/False	1
7. What is the last stage of GAS model?	1
8. How many "Axis" are there in DSM IV?	1
9. The term 'Adolescence" has been derived from the Greek word	1
10. What are the basic types of environment?	1
11. Which type of kurtic distribution is normal probability curve?	1

#### Group-B

2
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2

#### Group-C

22. Write any 3 measures to solve the problems of backward children.	
OR	
Write about the different types of intelligence according to Thorndike.	3
23. How does social learning act as a source of prejudice?	3
24. Discuss about "interview" as a method of measuring personality.	3
25. Describe the personality type as advocated by C.G. Jung.	3
26. What is the utility of counseling among the students?	3
OR	
Write any 3 criteria of "Good Adjustment"?	3

27. Discuss the importance of meditation in case of stress management.	3	
28. How many stages of psycho-social development are there according to Erikson? Discuss the third stage of th		
social development. 1+2		
OR		
Discuss the role of family as a factor which influences the identity development.	3	
29. Define the relationship between man and environment.	3	
Group- D		
30. Differentiate between primary group and secondary group.	5	
OR		
Discuss in brief any five types of leadership.	5	
31. Delineate any 5 causes of antisocial disorder.	5	
OR		
Describe about the different types of schizophrenia.	5	
32. What is Normal Probability Curve? What are the characteristics of Normal Probability Curve? OR	2+3	
Construct a histogram with the help of the following distribution:	5	